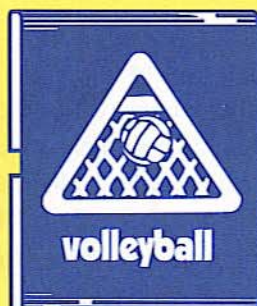


Cub Scout Sports: Volleyball



REQUIREMENTS

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Belt Loop

Complete these three requirements:

- _____ 1. Explain the rules of volleyball to your leader or adult partner.
- _____ 2. Spend at least 30 minutes practicing skills to play the sport of volleyball.
- _____ 3. Participate in a volleyball game.

Sports Pin

Earn the Volleyball belt loop, and complete five of the following requirements:

- _____ 1. Compete in a pack, school, or community volleyball tournament.
- _____ 2. Demonstrate skill in two volleyball passing techniques: forearm pass and overhead pass (setting).
- _____ 3. Demonstrate skill in two volleyball serving techniques: underhand and overhand.
- _____ 4. Spend at least 90 minutes in practice to develop individual skills for volleyball. Make a chart to record your practice efforts.
- _____ 5. Explain how volleyball matches are scored, including the terms side-out and rally scoring.
- _____ 6. Accurately lay out a volleyball court.
- _____ 7. Play five games of volleyball.
- _____ 8. Officiate at least three games of volleyball.
- _____ 9. Explain the importance of good sportsmanship.
- _____ 10. Attend a high school, college, or professional volleyball game.