

# Cub Scout Sports: Table Tennis



## REQUIREMENTS

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

### Belt Loop

Complete these three requirements:

- \_\_\_ 1. Explain the rules of table tennis to your leader or adult partner.
- \_\_\_ 2. Spend at least 30 minutes practicing table tennis skills.
- \_\_\_ 3. Participate in a table tennis game.

### Sports Pin

Earn the Table Tennis belt loop, and complete five of the following requirements:

- \_\_\_ 1. Compete in a pack or community table tennis tournament.
- \_\_\_ 2. Demonstrate your knowledge, use, and care of the equipment needed to play table tennis (racket or paddle, table and net, ball, tennis or basketball shoes, and comfortable clothing).
- \_\_\_ 3. Practice 30 minutes developing serving skills.
- \_\_\_ 4. Practice 30 minutes developing your forehand and backhand strokes.
- \_\_\_ 5. Explain to your leader or adult partner how spin affects the bounce of the ball.
- \_\_\_ 6. Accurately set up a table tennis table and net according to USA Table Tennis rules.
- \_\_\_ 7. Play five games of table tennis.
- \_\_\_ 8. Participate in a table tennis skills development clinic.
- \_\_\_ 9. Explain to your leader or adult partner how to score a table tennis game.
- \_\_\_ 10. Participate in a game of doubles table tennis (four people playing in one game, two people per side).