

Cub Scout Sports: Roller Skating



REQUIREMENTS

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Belt Loop

Complete these three requirements:

- _____ 1. Explain ways to protect yourself while roller skating or inline skating, and the need for proper safety equipment.
- _____ 2. Spend at least 30 minutes practicing the skills of roller skating or inline skating.
- _____ 3. Go skating with a family member or den for at least three hours. Chart your time.

Sports Pin

Earn the Skating belt loop, and complete five of the following requirements:

- _____ 1. Participate in a pack or community skating event.
- _____ 2. Demonstrate how to disassemble and reassemble skates.
- _____ 3. Explain the proper clothing for roller or inline skating.

- _____ 4. Spend at least 30 minutes, on two occasions, practicing warm up exercises before skating.
- _____ 5. Play a game of roller hockey.
- _____ 6. Learn two new roller skating skills: Forward Scissors, Forward Stroking, Crossover, or Squat Skate.
- _____ 7. Participate in a roller or inline skating skill development clinic.
- _____ 8. Demonstrate how to stop quickly and safely.
- _____ 9. Demonstrate how to skate backwards. Skate backwards for five feet.
- _____ 10. Play a game on roller skates, roller blades, or inline skates.

The Roller Skating belt loop and pin include roller blading and inline skating. See Ice Skating for information on hockey, speedskating, and figure skating.