

KEEPING THE OUTING IN SCOUTING

**PACK 1559'S GUIDE TO CUB SCOUT
ACTIVITIES AND RESOURCES
FOR CUB SCOUT LEADERS**



TYPES OF ACTIVITIES

CAMPING AND CAMPS

GOSHEN SCOUT CAMPS

The National Capital Area Council offers a week long camping experience for Webelos Scouts at Camps Ross and PMI at Goshen Scout Reservation located in the Blue Ridge Mountains, four hours South of the Washington Metropolitan Area. Two adult leaders for every five scouts must accompany each Pack. Scouts will have an opportunity to master archery, learn how to shoot safely with a BB-rifle, swim, enjoy boating, learn campcraft skills and gain an appreciation for natural resources. Camp runs from the last week of June through the third week of August. Early site reservations are a must. Forms are available through your Unit Commissioner and the Scout Service Center, Almost all sites are reserved by January each year.

PATUXENT DISTRICT CUB SCOUT DAY CAMPS

Each summer the District operates Cub Scout Day Camps at different sites in Northern Prince Georges County. The one that is most popular with Pack 1559 is held at Allen Pond; typically the week after school is done for the summer. Day camp provides an opportunity for scouts to participate in games, sports, archery, crafts, storytelling, and a wide variety of organized activities. Early reservations are a must.

WEBELOS OVERNIGHT CAMPOUTS

Webelos Dens may participate in overnight camping trips, provided each scout is accompanied by an adult partner. The Pack must file a Local Tour Permit Application with the Council Office at least two weeks in advance. At least one of the participating leaders must have received Youth Protection Training and should have attended BALOO or Introduction to Outdoor Leader Skills

DEN AND PACK MEETING ACTIVITIES

Each month you can find dozens of ideas for Den and Pack meetings in *Program Helps*, *Scouter Magazine*, *Boy's Life Magazine*, and handouts at Cub Scout Roundtable. Some popular activities you may want to consider are:

Activity Badge Projects	Field Trips
Backyard Star Watch	First Aid Practice (Basic)
Balloon Popping Contest	Fishing Trip
Bike Repairs and Safety Inspections	Games
Bike Trip	Glider/Paper Plane Contest
Bowling	Hayride & Pumpkin Carving
Cake Making	Hikes
Camera Hunt	International Customs
Carve Soap	Kite Making/Flying
Cook Out	Magic Tricks
Den Ceremonies	Make Games
Den Cheers and Yells	Make Gifts for Nursing Home, Retirement Center, etc.
Den Competitions	Make Masks or Costumes
Ethics in Action	

Make Neckerchief Slides
Marbles Tournament
Miniature Golf
Paper Airplane Building
Picnic
Puzzles
Rain Hike
Recycling Project
Scavenger Hunt
Skating - Ice
Skating - Indoor

Sledding
Snow Shoveling Contest
Songfest
Special Treats Night
Sports and Fitness
Stories
Stunts
Treasure Hunt
Turtle Race
Watermelon Seed Spitting Contest

SPECIAL ACTIVITIES

The Scouting Year is full of opportunities for special pack activities. Just a few are included here.

Anniversary Week
Bicycling Activity
Blue and Gold Banquet in February
Bowlathon
Christmas Caroling
Circus - Scout Day
Conservation Projects
Cub Scout Olympics
Fishing Derby
Hikes and Trails
Klondike Derby (even years in February)
Pack Ceremonies
Pack Fund Raising Activities
Pack or Den Party
Pack Picnic
Pinewood Derby

Raingutter Regatta
Scouting for Food (November)
Scouting on the Mall (even years in May)
Service Project
Space Derby
Summer Camp - Day Camp & Goshen Camps
Summertime Activities
Swim Party** An aquatics activity can only be conducted when at least one adult present is trained in the 8 Point Safe Swim Defense Plan. A local tour permit must also be completed for any swimming or aquatics activity.
Tours
Webelos Overnight Experience

PLANNING AN ACTIVITY - POINTERS

GENERAL CONSIDERATIONS

Use activities to achieve the aims of Scouting - citizenship training, character development, and personal fitness.

Remember the most important thing to Scouts is FUN!

Variety - Scouts enjoy all sorts of activities, but quickly become bored with a single type of activity.

Safety must be a primary consideration

Adult supervision is required

CRAFTS

- Don't overuse this one!

- Can be to help on achievements and electives or just for fun.
- Can be related to a monthly theme or in preparation for a special activity like the Blue and Gold Banquet.
- Usually started at a meeting and finished at home.
- Make sure the project is within the abilities and interests of your Scouts.
- Show how it is done.
- Offer encouragement, excite imagination and avoid criticism.
- Allow freedom for creativity and individuality.
- Use variety.
- Crafts should be practical. Learning to braid is fine, but it would be better to braid an item that can be use used as a gift, part of costume. etc.
- Use simple and safe tools. Remember that a dull tool is dangerous. Tools are replaceable - boys are not.
- Power tools are dangerous, shouldn't be used by younger Scouts and never without one-to-one adult supervision.
- Remind scouts that clean-up is part of the job.

DEN CEREMONIES

Keep 'em short; e.g., 3 - 4 minutes maximum.

Praise is important. Simple, but impressive ceremonies inspire and motivate. Types of Ceremonies include:

- Closing
- Conduct Candle
- Denner Installation
- Den Chief Recognition
- Den Doodle Awards
- Flag
- Opening
- Progress Towards Ranks
- Special Recognition

GAMES

- Den Chiefs can be very useful in leading games.
- Choose games based on space, time, and number of players.
- Choose game types that best fit the situation - some are good for letting off steam, while quiet games, requiring concentration, may help with a wild bunch.
- Games can involve families, Scouts only, multiple dens, etc.

SKITS

- Praise is important.
- Keep it short – 2-3 minutes or less..
- Avoid long dialogue or memorized lines - try pantomimes or adult narration.
- Use simple props and costumes, if any are needed.
- Make sure the audience can hear. Speak slowly, clearly and loudly.
- Fit the scout to the part. Some parts may be too difficult for a particular boy.

- Screen the skits before they are presented to the Pack for good taste and scouting values.
- Give a congratulatory cheer afterwards, but avoid negative cheers

TOURS: PLANNING A DEN OR PACK TOUR

Pick a tour that relates to Wolf or Bear Achievements:

- Visit a zoo or nature area for Wolf Scouts
- Visit a library and look at books and old newspapers for Bear Scouts

Pick a tour that relates to a Webelos Activity Badge for Webelos Scouts;

- A guided tour by a park ranger at a nature center would be a good bet for helping Webelos Scouts working on Naturalist or Forester Activity Badges.
- Visiting a computer center, radio station, or TV studio would help Webelos Scouts working on their Showman and Communicator Activity Badges.
- Pick a tour that relates to the monthly theme:
- Visit a fire station for fire safety month.
- Visit a working farm (e.g., Oxen Hill, MD) for themes related to Thanksgiving, pioneering, agriculture, etc.
- Perform a service project for themes related to "helping others", citizenship, community, etc.

Plan some tours close to home that can be accomplished in an evening:

- Visit a local restaurant, police station, fire station, utility, or business.
- Take the Scouts to a local manufacturer to see how things are made.

Plan some tours for a weekend day:

- Smithsonian Museums.
- Federal Buildings.
- Federal Monuments.
- State and National Parks.
- Federal, State, Local, Community, School and College Exhibits.
- Festivals, Celebrations, Fairs, and Shows.
- Sports Facilities.
- Other out-of-doors outside activities.

TOURS: SUGGESTED GROUND RULES

- Be sure to contact the place you intend to visit ahead of time so that they can prepare for you and give you necessary information before you arrive.
- Consider distance - how much travel time is involved?
- You must obtain a local tour permit at least 2 weeks in advance, if the trip will involve more than 50 miles. The Cubmaster will help you obtain the tour permit.
- Let parents/guardians know where you are going and when you will return.
- Obtain a signed permission slip from each boy before the trip (take the medical release on the back of each Scout's application or obtain a medical release on the permission slip). The Cubmaster can help you with permission slips and medical releases.

- Make sure there is sufficient adult supervision. Invite parents to come along. Don't go without enough adults. Tigers must always participate with their Tiger Partner. There must always be two-deep leadership on any outing. A suggested ration is no more than 5 Webelos to an adult, 3 Bears to an adult, and 2 wolves to an adult.
- Tell your Scouts the highlights of what they can expect to see.
- Coach your Scouts in advance so that they are attentive, courteous and follow all of the necessary rules.
- Remind your Scouts that they are guests and must follow the rules of their host(s).
- Point out to your Scouts that they are representatives of Scouting and that their behavior will determine whether other Cub Scouts will be welcome later.
- Establish the Buddy System before starting the trip. Explain that the two Scout Buddies must remain together at all times.
- Scouts and leaders should be in uniform on any tour or trip.
- Decide on a meeting place, just in case someone gets misplaced.
- Make sure that each Scout has money for an emergency telephone call.
- Locate restrooms as soon as you arrive and let your Scouts know where they are.
- Know where emergency care can be obtained.
- After the trip is over, write your hosts and thank them for their courtesy, including notes from the Scouts too.

TOURS, PLACES TO SEE & THINGS TO DO - TELEPHONE NUMBERS

In or near Bowie:

City Hall	301-809-3032
Radio Museum	301-390-1020
Rail Road Museum.....	301-809-3089
Bowie Blade	301-262-3700
Bowie Ice Arena	301-809-3090
South Bowie Fire Station.....	301-249-6525
Prince George's County Police, District 2 Station.....	301-390-2100
Watkins Regional Park.....	301-218-6700
Cedarville State Forest.....	301-888-1410
Belair Mansion.....	301-809-3089
Belair Stables	301-809-3088
Allen Pond.....	301-262-6200 Ext. 3011

In the Area:

All About Town	202-393-3896
Alexandria Parks	703-838-4343
Andrews Air Force Base	301-981-4511
Antietam Battlefield Historical Trail	301-739-1212
Arboretum (National Arboretum)	202-475-4815
Armed Forces Medical Museum, Walter Reed Medical Center	202-576-2348
Art Museum of the Americas	202-857-6583
Arthur M. Sackler Gallery	202-357-2020

Arts & Industries Building Museum	202-357-2020
Aquarium (Department of Commerce Building)	202-377-2825
Arlington House (Robert E. Lee house)	703-557-3154
Arlington Cemetery	703-557-0613
Botanic Garden	703-225-7099
Bureau of Engraving and Printing	202-447-9709
Capital Building Tours	202-225-6827
Capital Children's Museum	202-543-8600
Chesapeake & Ohio Canal	202-299-3622
Christmas Candlelight White House Tour	202-472-3669
Clara Barton House	202-492-6245
Coca Cola Bottling Plant, Alexandria Tour	703-820-2323
Colonial Annapolis Historical Trail	704-289-1604
Colvin Run Mill	703-759-2771
Corcoran Gallery of Art	202-638-3211
CSX Railroad (Formerly C & O Railroad)	703-589-2241
Daughters of the American Revolution Museum	202-628-1776
Decatur House	202-673-4030
Dial Audubon	301-652-1088
Dial-A-Museum	202-357-2020
Dial-A-Park	202-619-7275
Dial-A-Phenomenon	202-737-8855
Dial-A-Weather Forcast	202-936-1212
Doll's House and Toy Museum	202-244-0024
Dulles Airport Tours	703-471-7838
Dumbarton Oaks (Starting Place of the United Nations)	202-338-8278
Federal Buildings - Visitors Information	202-728-4422
Folger Shakespeare Library	202-544-7077
Ford's Theater	202-426-6924
Franciscan Monastery	202-526-6800
Freer Gallery of Art	202-357-2020
George Washington Masonic National Memorial	703-683-2007
Goddard Space Flight Center	301-286-8103
Great Falls Park, Virginia	703-759-2925
Great Falls Park, Maryland	301-299-2026
Gunston Hall	703-550-9220
Hirshorn Museum	202-357-2700
Holocaust Museum	202-653-9219
International Visitors Information Service	202-783-6540
Islamic Center	202-332-8343
Jefferson Memorial	202-619-7222
Kennedy Center for the Performing Arts - Tours	202-254-3850
Lee's Boyhood Home, Alexandria	703-548-8454
Library of Congress	202-707-5458
Lincoln Memorial	202-619-7222
Main Post Office	202-523-2001

Marine Corps Evening Parades - Iwo Jima Memorial	202-422-4173
Military Band Concerts	202-433-4011
Morven Park Plantation	703-777-2414
Mount Vernon	703-780-2000
Mount Vernon Historical Trail	703-780-2000
Museum of African Art	202-547-7424
Museum of American History	202-357-2700
National Airport	703-557-2045
National Archives	202-501-5000
National Aquarium	703-557-2043
National Arboretum	202-377-2825
National Building Museum	202-272-2448
National Capital Lincoln Trail	202-530-9360
National Cathedral	202-537-6200
National Colonial Farm, Accokeek, MD	301-283-2113
National Gallery of Art	202-737-4215
National Geographic Society - Explorer's Hall	202-857-7000
National Housing Center	202-452-0200
National Museum of American Art	202-357-1300
National Museum of Women in the Arts	202-783-5000
National Park Service	202-619-7222
National Portrait Gallery	202-357-1300
National Public Radio	202-822-2300
National Rifle Association - Firearms Museum	202-784-6505
National Shrine of the Immaculate Conception	202-526-8300
National Visitors Center	202-523-5033
National Zoological Park	202-673-4800
Naval Observatory Tours	202-653-1543
Navy Memorial (7th and Pennsylvania Avenue)	202-737-2300
Navy Memorial (Concerts)	202-433-2525
Navy Memorial Museum, Washington Navy Yard, Visitor Center	202-433-2218
Oatlands Plantation	703-777-3174
Octagon	202-638-3221
Old Stone House	202-426-6851
Organization of American States (OAS)	202-331-1010
Oxen Hill Children's Farm	301-839-1177
Pentagon Tours	703-695-1776
Peterson House	703-426-6830
Pierce Mill	703-426-6830
Potomac Appalachian Trail Club	703-638-5306
Potomac River Power Plant, Alexandria	703-872-3571
Smithsonian Museums	202-381-6264
Smithsonian Museums - Air and Space	202-357-2700
Smithsonian Museums - Natural History	202-357-2700
State Department	202-647-3241

Sully Plantation	703-437-1794
Supreme Court of the United States.....	202-252-3211
Textile Museum	202-667-0441
The American Sailor Evening Concerts	202-433-2218
Theodore Roosevelt Island	703-285-2601
Thomas Jefferson Memorial	202-426-6700
Twilight Tattoo Series - U.S. Army Band	202-696-3647
U.S. Capitol Building	202-225-6827
Vietnam Veterans' Memorial	202-619-7222
Visitors Information Center	202-789-7038
Voice of America Museum	202-755-4744
Washington Grist Mill	703-780-3383
Washington Monument	202-619-7222
Washington National Cathedral	202-537-6200
Water Company, 5900 MacArthur Blvd., Washington, D.C.	202-282-2701
WETA TV Channel 26 Studios	202-998-2696
White House Tour Information	202-456-7041
Woodlawn Plantation	703-780-4000
Woodrow Wilson House	703-387-4062